



Endodontics and Microsurgery

Home Care Instructions Following Endodontic Treatment

1. Some discomfort is normal after treatment. Discomfort can be highest for the next 72 hours and may last for 2 weeks. During this time your symptoms should decrease.
2. Avoid chewing on the tooth after treatment until you have seen your general dentist for a permanent filling or crown. Chewing on a root canal treated tooth without a permanent restoration may cause the tooth to fracture and may need to be extracted (pulled).
3. Brush and floss your teeth as usual.
4. Your tooth may have a temporary filling at the end of treatment that may last 1 to 4 weeks only. Aggressive chewing on the tooth or eating sticky foods may dislodge the filling which is undesirable. If your filling falls out please contact the dental office as soon as possible.
5. You must contact your general dentist upon completion of root canal treatment for a final filling/crown. It is strongly recommended that this follow up treatment is completed within 30 days to avoid any leakage of saliva and/or bacteria back into the root canal space. This type of leakage may lead to future and further treatments on the tooth such as retreatment or endodontic surgery.
6. Your jaws may be sore for days or weeks after treatment. This may be expected if you have been asked to keep your mouth open for an extended period of time for optimal treatment.
7. You may be given pain medication and/or antibiotic prescriptions. It is very important to follow all directions for pain control or infection.
8. Recommended over the counter pain medication: Advil or Motrin. Follow written label instructions.

Call the office at (714) 689-8168 if:

1. You develop a fever
2. You develop swelling
3. You notice a pimple forming on your gums
4. You have difficulty breathing
5. Pain increases over time and or becomes severe
6. Any concerns or questions

If you are unable to contact the office or your general dentist and have any of the symptoms listed above go to your nearest emergency room. **IF YOU EXPERIENCE ANY LIFE THREATNING PROBLEMS, CALL 911 IMMEDIATELY FOR ASSISTANCE**